



To whom it may concern

This is a reference for Kathryn Berkett who I have known for about 8 years, through my work in the Police. My current role is National Trainer for Youth based at the Royal New Zealand Police College, Porirua.

I have been lucky enough to engage the services of Kathryn for all the Youth courses I facilitate as a presenter. She presents to the courses on understanding the influence of environment on the development of the brain of children and youth. Kathryn highlights the impact of a compromised upbringing, and discusses the long term effects of this. Kathryn also offers insight on how best to work with these children and youth. This presentation has proved invaluable to police staff that work with children and youth.

Kathryn's participation in the youth courses has been a resounding success, and course members have been enlightened by the presentations delivered by Kathryn. I would recommend her presentation to all practitioners who work with children, or for anyone who wants to learn about the brain development and the impact this can have on young people. These are often the children and youth who come to attention for anti social behaviour and offending.

I would be happy to discuss this reference further and have put my contact details on the bottom of the page.

**Caroline Bailey**

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